Gait Exam

General Description and Emphasis: Examinees will demonstrate the four basic gaits (walk, tolt, trot, canter) in an order of their choice. They will also demonstrate some transitions between walk and tolt, tolt with speed variations and transitions between canter and gallop. Examinees demonstrate good horsemanship and sportsmanship. Riders will be judged on their ability to execute the single gaits, demonstrating a balanced and correct seat, correct and appropriate aids, a soft and harmonious connection between horse and rider and correct exercises. The gaits should be presented with consistency in keeping the gait, an acceptable beat and an appropriate outline. The horse should be willing and relaxed in all gaits. Minor faults in beat or balance influence the marks only slightly as long as the rider's aids are correct. The highness and width of the horse's movements do not influence the marks.

Procedures: This test will be ridden individually. Riders will have a maximum of 17 minutes once they start their test. Rider's will receive a 5 minute warning and a 1 minute warning. Riders will demonstrate half a round of medium walk, one round of slow to medium trot in each direction, about 1.5 rounds of medium tolt with some speed variation in both directions, one round of slow to medium canter in each direction, speed variations in canter on the long sides only for one round in one direction as well as transitions between walk and tolt for about half a round.

Riders will warm up their horses independently. They choose the order of gaits as well as the exact length per gait based on basic requirements, choosing transitions as they see fit. Between some of the gaits, the riders are allowed and encouraged to give their horses appropriate walking breaks. If the judges would like to see any part of the performance again, they may ask the riders to repeat certain sections.

For the speed variation at tolt and canter, the rider is asking the horse to lengthen the strides for only a short amount of time on a long side and chooses a speed that is appropriate for the horse and situation. The expectation is to show an understanding and correct aids for the speed difference, not the fastest possible speed. The safety of horse and rider is most important and the emphasis is on the harmony of the transitions.

In the transition walk to tolt, the focus is on a good preparation of the horses as well as correct seat and aids.

Equipment: Tack should be that which is typical to an Icelandic riding horse, and must meet FIPO requirements. In addition only snaffle bits are allowed.

Location: Oval Track or similar sized arena either in or outdoors. The perimeter of the arena should be at least 250m.

Element	Description	Notes	
Any speed tolt	Riders present their horses at their chosen speed in tolt for about one round in each direction. The beat should be acceptable with the horse being reasonably supple and relaxed and with a soft topline. The rider's seat should be balanced, the aids soft and correct and the connection of relative consistency and softness.	☐ Required gait ☐ Gait consistency ☐ Acceptable beat ☐ Ieft rein ☐ Acceptable beat ☐ right rein ☐ Balanced seat ☐ Soft, correct aids ☐ Acceptable ☐ connection ☐ Soft topline ☐ Horse is ☐ reasonably supple ☐ and relaxed	
Speed variation in tolt	Riders show 2-4 speed variations with a lengthening of the stride. This can be shown in one or both directions. The emphasis is on smooth transitions with the horse responding softly to	 Soft, correct aids Horse softly responding to the aids Smooth transitions Visible, appropriate speed difference Acceptable beat and balance Acceptable form 	

	the rider's correct and harmonious aids. The horse should show visible, appropriate difference in speed with acceptable beat and should stay reasonably supple and relaxed throughout the exercise.	☐ Balanced seat ☐ Horse is reasonably supple and relaxed	
Walk tolt transition	Riders show 1-2 transitions from walk into tolt. The transitions should be well prepared and executed. Riders should apply soft and corect aids and the horse should stay reasonably supple and relaxed.	 □ Correct preparation □ Smooth transition into tolt □ Correct, soft aids □ Horse is reasonably supple and relaxed 	
Tolt walk transition	Riders show 1-2 transitions from tolt into walk. The transitions should be well prepared with the horse staying connected throughout the exercise while also	 ☐ Horse stays connected ☐ Smooth transition into walk ☐ Correct, soft aids ☐ Horse is reasonably supple and relaxed 	

	being reasonably supple and relaxed. The rider's aids should be soft and correct.		
Slow to medium trot	Riders present their horses at slow to medium trot for about one round in each direction. The beat should be acceptable/clear with the horse being reasonably supple and in an acceptable connection with a soft topline. The rider can choose which seat to use but it must be balanced and fitting for the horse. The aids should be correct and soft.	☐ Appropriate preparation ☐ Smooth transition into trot ☐ Required gait ☐ Acceptable beat ☐ Required speed ☐ Balanced seat ☐ Acceptable connection ☐ Correct, soft aids ☐ Soft topline ☐ Horse is reasonably supple and relaxed	
Medium walk	Riders show their horses in medium walk for about half a round or one round. The transition into walk should be appropriately prepared and	 □ Appropriate preparation □ Smooth transition into walk □ Required gait □ Acceptable beat □ Required speed □ Balanced seat 	

	smooth. The beat should be acceptable with the horse being reasonably supple and relaxed and with a soft topline. The rider's seat should be balanced, the aids soft and correct, and the connection of relative consistency and softness.	 □ Acceptable connection □ Correct, soft aids □ Soft topline □ Horse is reasonably supple and relaxed 	
Slow to medium canter	Riders show their horses at slow to medium canter for about one round in each direction. The transition into canter should be appropriately prepared, smooth and prompt. The beat should be acceptable with the horse being reasonably supple and relaxed and with a soft topline. The rider's seat should be balanced, the	☐ Appropriate preparation ☐ Smooth transition into canter ☐ Required gait ☐ Acceptable beat ☐ Required speed ☐ Balanced seat ☐ Acceptable connection ☐ Correct, soft aids ☐ Soft topline ☐ Horse is reasonably supple and relaxed	

	aids subtle and correct and the connection of relative consistency and softness.		
Canter-Gallop -Canter Transitions	Riders show a speed variation extending from canter to gallop with a clear loosening of the reins, with the rider lightening into half seat while increasing speed, as well as in gallop. This can be shown in one or both directions on the long sides only. The horse responds promptly and smoothly to the rider's aids both when increasing and decreasing speed. Riders should apply soft and corect aids, be balanced in their seat and the horse should stay reasonably supple and relaxed.	□ Soft, correct aids □ Horse promptly responds to the aids □ Visible, appropriate speed difference between canter and gallop □ Acceptable beat and balance □ Clear loosening of the rein □ Balanced seat □ Horse is reasonably supple and relaxed	